Friday 26th Feb 2021

Inside

Alopecian

Alert!

Miss Estill

AIRY HILL TODAY

"The Pupils' Voice"

Issue #6

☑@AiryHillPrimary [◎]ahprimaryschool www.airyhill.n-yorks.sch.uk/ **G**@Airyhillprimaryschool

ALL AIRY HILL PUPILS WILL BE EXPECTED TO RETURN ON 8TH MARCH!

Boris Johnson has finally announced schools will reopen for everyone to visit. It has been full lockdown since January 5th with people being asked to stay home and protect others whilst schools have been closed. Everybody will be back to schools on 8th March and this is the first step of a 4-part plan. We have asked Year 6 pupils if they are looking forward to coming back and these were some of their responses...

"I really want to come back to school because virtual learning is harder and I find

"I want to come back to school because it is harder to learn at home and I want to

Almost time to go back to school! By Cody Pickard-Coullie and Blake Stewart

discusses what it's like to have alopecia Page 2



Recipe **Section:** Spaghetti **Bolognese** and Chocolate-Chip Tray Bake Page 3



Robyn: Amelia concludes her adventure story! Will Robyn survive? Page 5



How do you feel about home learning?

school much easier when being taught face to face"

We also asked, how do you feel about home learning out of 10? They gave an average number of 4.77. We also asked some of the children currently in school how safe it felt. They said it felt 'very safe', 'good' and 'really safe'.

Our opinion is that we feel safe and we want to come back to school for more education! Cody is looking forward to raising money. Blake is looking forward to spending the rest of Year 6 time with his friends.

Joe gives his opinion on forest schools Page 6



Alopecian Alert!

By Miss Estill

N o, I'm not an alien, I'm a person who has a condition called alopecia. I'm not poorly, in fact I'm very healthy and happy! But my body is a little confused...

Alopecia is an auto-immune disorder; in simple terms, my body thinks there is something wrong with my hair follicles (the part our hair grows from) so it tries to fix it. Unfortunately, this has the opposite effect and makes my hair fall out! Sometimes it's a small patch, and sometimes a lot of my hair will fall out. It can be quite annoying!

There are different types of alopecia:

- Alopecia Areata, this is the type I have; It causes patches of hair to fall out, for me it is from my head, but it can fall from any part of your body.
- Alopecia totalis: this causes all your hair on your head to fall out.
- Alopecia universalis: where all the hair on your body falls out.

The sad part is, there isn't a real cure. Most alopecians' just have to wait for the cycle to end and for their hair to grow back. But some treatments can speed up the process. For some people, their hair doesn't grow back at all!

The reason I'm writing this article, is because this morning, when I was doing my hair, a little tuft of new hair growth was sticking up like a flag waving on top of my head. I can laugh about it now, because I've lived with it for quite a long time. But that wasn't always the case...

When I first lost my hair, I was so very sad. I cried. A lot! I worried that people would laugh at me, or worse, be scared of me! That stress caused even more hair to fall out, and I lost so much hair, that I chose to wear a wig. But then I would worry that my wig would blow off when I was on playground duty, or fall off when I was doing P.E. Thankfully, I don't need my wig anymore, and now I don't worry so much either. It's part of what makes me, me; I am kind, thoughtful, fun (sometimes 😜), creative, helpful, loving, strong and brave! All those things are far more important than the hair on my head! If more people understand alopecia, the less alopecians' need to worry about it, and if someone else is suffering, they need to know they are not alone, because alopecia is very common. It can happen to anyone at any time of their life. It could happen to a member of your family, or one of your class mates, or even you! So, my advice is always be kind, that person may feel very upset about their hair loss, and be worried; just like I was! And if you, or someone you care about, ever needs to talk about alopecia, the school is always here to help. 💙



Page 2



Spaghetti Bolognese

By Georgina Mason

- 1. **F**irstly, heat up some oil in a pan and add in the onions until cooked.
- 2. Add in the mince until browned.
- 3. Then, add in two tins of chopped tomatoes, tomato puree and mixed herbs.
- 4. Leave on a low heat whilst you do the pasta.
- 5. For the pasta, put in another pan of boiling water and leave to cook.
- 6. Serve and sprinkle on some cheese!

Chocolate-Chip Tray Bake

By Jessica Clarkson and Anna Young

Method

• STEP 1

Heat the oven to 180C/160C fan/gas 4. Oil the base and sides of a 33 x 23cm roasting tin that's at least 2.5cm deep. Line with baking parchment. Combine the flour, cocoa powder, baking powder, sugar and a good pinch of salt in a large bowl. Break up any sugar lumps with a whisk.

• STEP 2

Whisk the oil together with the milk, vanilla and eggs in a jug and pour into the dry ingredients, then stir in the chocolate chips. Stir well using a spatula until there are no pockets of flour. Pour the mix into the prepared tin and bake for 25-30 mins until a skewer inserted into the centre comes out clean. If any wet mix clings to the skewer, return to the oven for 5 mins, then check again. Leave to cool in the tin for at least 20 mins.

• STEP 3

Meanwhile, make the icing. Melt the butter, then remove from

the heat and stir in the icing sugar, cocoa powder and milk. The icing will be very runny, but will thicken a little as it cools. (If the icing has thickened too much before the cake has cooled, reheat it slightly to make it easier to pour.)

• STEP 4

Pour the chocolate icing over the cake and leave until it has set before slicing into squures.

Page 3	
r age 5	

Ingredients

2 Onions Mince 2 Tins of chopped tomatoes 1tbsp of Tomato puree (optional) 1tbsp of Mixed herbs (optional) 75g per person of Pasta Cheese (optional)

Ingredients

- 190ml rapeseed oil , plus extra for the tin
- 250g plane flour
- 80g cocoa powder
- 3 tsp baking powder
- 300g light brown sugger
- 350ml milk
- 2 tsp vanilla extract
- 2 large eggs

And 100g white choloate chips

For the Icing

- 150g butter, cubed
- 200g icing suger
- 4 tsp cocoa powder
- 2 tbsp milk



Who am I?

By Johnny Navarro

Last week, you learnt little more about a member of Airy Hill. The secret guest was Miss Sumpton did you guess correctly? This next anonymous person is 22 years old.

- I have no pets
- I like to do long distance running and keeping fit
- I ran 42 miles to raise money for charity when I was 16 years old.
- I can run 10k in 46 mins
- I have just started to enjoy baking.
- I enjoy watching films, especially musicals.
- My favourite subject is maths, however I really enjoying learning about history.
- I enjoy teaching because it is never boring and it's fantastic to teach such brilliant pupils.
- I like pizza, however I really enjoy different fruits.
- I've never broken a bone
- I love cats, however I'm allergic to them.

Who am I?

Be Productive

By Safi Swales

At the moment there is so much going on in the world and there has been for so long, so people are feeling fed up -as they must be by now- and are begging for normality. Staying inside for all this time and not being able to see and do the things that you want to is just terrible. So why don't you do something? None of us are anywhere near as motivated as we were in the first lockdown to get making, baking or just doing time consuming things. Although doing things when you are tired is hard there are things that can help. Anna says 'I would stick to a routine to motivate myself if I'm sad, worried or not in the mood.'

Jess says 'I do productive things even if I feel really tired like going on a dog walk.' Johnny says 'I go to the park to get some fresh air '

Sometimes it is hard to be productive but it is good to at least try.

Architecture of the Week

By Matthew Visker

In the heart of Manhattan, New York, the 4,000,000-brick building known as the Chrysler building has stood tall over watching the New York Sky line for nearly 100 years. The art deco tower is 319m tall. Because of this, at the time of its completion it was the tallest building. This record only lasted 11 months until the Empire State building stole the title. In 2019 it was the 11th tallest in the city. The tower contains many decorations that wrap around the tower like eagles. In May 2020 there were plans to restore the observation deck on the 61st floor. The Chrysler building is undoubtably the most unique building in New York

A 4,000,000-brick building!



Page 4



Robyn

By Amelia Joyce

"Oi! Child on the loose!" one of the poachers shouted at the top of his lungs, alerting the others. Robyn ran, as fast as her little legs could carry her. But as quickly as she had started to run, she stopped. Commander Frederick glared down at her. She couldn't bare looking him in his steel eyes. She sneakily kicked a stick behind him, hoping he would look around and that would be her chance to escape. But he didn't.

"I'm not falling for your tricks, little girl," he boomed. Then he grabbed her by her ankle, lifting her clean off the floor and onto his back. She squirmed around but he just gripped on tighter. So tight she felt like her ankle would snap off. But this time, he took her to a different cave. A darker and smaller one. He strode in, Robyn over his shoulders. The Commander fumbled in his pockets and then brought out some keys. He used them to open a cage. A cage that Robyn got thrown into. She sat there for days, getting the littlest amount of food and water known to keep someone alive. After a few weeks, her lucky day came. Spare keys scattered across the floor like ashes. She reached out and grabbed one, luckily the one to open the cage. She ran free. She was just about to exit the cave when she saw a man glaring down at her once again. A man she had grew to despise. Robyn kicked the Commander and ran. Ran into the forest. But poachers were close behind. She heard shouts and then bullets fired her way. Then the world around her fell away into the deepest, darkest blackness. Robyn sat up, as quick as bolts of lightning, panting. She looked around. It was her room. Curious, she opened the door. It was her house.

"Must have just been a nightmare," she whispered to herself. But was it?

What does the Premier League look like?

By Toby Wilkinson

Have you recently checked the Premier League Table? Do you know who is close to relegation? I'm going to talk to you about how the Premier League teams are doing. At the minute, Manchester City are 1st with 59 points; closely followed by Manchester Utd and Leicester City with 49 points. Fulham, West Brom Albion and Sheffield Utd are all in the relegation zone and fighting to stay up. In my opinion, all these teams in the relegation zone have poor tactics because they



just play defensive football. I believe that Manchester City will win the league because they are 10 points clear of Manchester United and City are on good form. City haven't lost a game in their last 15 games.



OLD PHOTOS OF FOREST SCHOOL! HOPEFULLY IT WILL LOOK LIKE THIS AGAIN SOON!



Forest Schools By Joseph Waller-Dawe

This week Year 6 have returned to forest school since last attending it in Year 4. Personally, I think that forest school can help with your social skills. This is important because we need to learn how to communicate well. Also, forest school can help with survival skills and it allows you to get fresh air. Spending less time on the computer and more time outside is good for mental health.

It can also boost your confidence so you can do more things outside of your comfort zone. Forest school is a world-wide thing but it does not mean that every school can do it. Sometimes you might get stung by a nettle or fall over but you can do many fun things e.g. you can climb trees or light a fire.

Airy Hill News Team: Journalists: Cody Pickard- Coullie Blake Stewart Miss Estill Georgina Mason Jessica Clarkson Anna Young	Johnny Navarro Safi Swales Matthew Visker Amelia Joyce Toby Wilkinson Joseph Waller-Dawe Puzzle Wizards: Kai Butler Johnny Navarro
Page 6	

Puzzle Corner



"I can fly but I have no wings. I can cry but I have no eyes. What am I?" By Kai Butler and Johnny Navarro

Gaming

WW1 and WW2 Crossword:

