

The following objectives are not covered within MyHappyMind and will be covered in school using the Kapow scheme of work and/or visits from the school nurse.

Key Stage 1

H25 – to name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles) –

R13 - to recognise that some things are private and the importance of respecting privacy; that parts of their body covered by underwear are private

Objectives covered on Kapow in Years 1 and 2: Safety and the Changing Body

Key Stage 2

H26 - That for some people gender identity does not correspond with their biological sex

H30 - To identify the external genitalia and internal reproductive organs in males and females and how the process of puberty relates to human reproduction

H31 - About the physical and emotional changes that happen when approaching and during puberty (including menstruation, key facts about the menstrual cycle and menstrual wellbeing, erections and wet dreams)

H32 - About how hygiene routines change during the time of puberty, the importance of keeping clean and how to maintain personal hygiene

H33 - About the processes of reproduction and birth as part of the human life cycle; how babies are conceived and born (and that there are ways to prevent a baby being made); how babies need to be cared for

H34 - About where to get more information, help and advice about growing and changing, especially about puberty

H45 - That female genital mutilation (FGM) is against British law, what to do and whom to tell if they think they or someone they know might be at risk

R2 - That people may be attracted to someone emotionally, romantically and sexually; that people may be attracted to someone of the same sex or different sex to them; that gender identity and sexual orientation are different

Objectives covered on Kapow in Years 4, 5 and 6: Safety and the Changing Body